

Starters

<u>Soup of the Day</u> <i>Home made soup made from fresh local produce, served with crusty bread.</i>	£3.00
<u>Black Pudding with Caramelised Apples and Cider</u> <i>Fresh local bought black pudding pan fried and stacked with apples Caramelised in cider and sugar</i>	£4.05
<u>Brie Wedges</u> <i>Breaded Portions Of Warm Deep Fried Brie Accompanied By Fresh Crisp Salad And Tangy Cranberry Dip</i>	£4.45
<u>Southern fried Jack Daniel Chicken</u> <i>Southern fried coated chicken on a bed of fresh crisp lettuce accompanied by a tangy Home made Jack Daniel dressing</i>	£4.90
<u>Chicken Liver Pate</u> <i>Homemade Chicken Liver And Garlic Pate Served With Catcakes And Salad</i>	£4.45
<u>Spicy Nachos</u> <i>Crisp tortilla chips topped with spicy salsa, cheese and fiery jalapenos for that extra Kick; served with sour cream</i>	£4.05
<u>Garlic Tiger Prawns</u> <i>Succulent tiger prawns pan fried in a garlic butter served with rocket and toasted Ciabatta bread</i>	£4.65
<u>Combo Starter for two to share</u> <i>Southern fried chicken, Battered Stuffed Mushrooms, Brie Wedges And Potato Skin Strips served with chef's choice of dips</i>	£9.75
<i>Or share between three</i>	£11.80
<i>Or share between four</i>	£13.85

Summer Menu Selection

Honey Chilli Chicken £12.80
Succulent Chicken Breast Marinaded And Cooked In A Sweet Tangy Chilli Sauce Served On A Bed Of Crisp Salad With A Lime And Chilli Drizzle

Sea Bass £11.95
Seared Fillet Of Sea Bass Served On A Bed Of Pan Fried Ratatouille And Accompanied By A Spicy Tomato Concasse

Beef Enchiladas £12.80
Strips Of Succulent Rump Steak, Peppers, Mushrooms And Onions Cooked In a Spicy Seasoning And Wrapped In A Flour Tortilla Wrap

Chicken Dishes

Chicken Maryland £12.25
Chicken breast coated in breadcrumbs served with banana & pineapple fritters, bacon, tomato, mushrooms and onion rings.

Chicken Katie £12.80
Breast of chicken served in a creamy mushroom sauce topped with Melted cheese and oatmeal and served with a timbale of rice

Chicken fajitas £12.25
Strips of chicken, peppers, mushrooms and onions served in a spicy fajita seasoning Bound in a flour tortilla wrap and served with sour cream and salsa

Creamy cajun chicken £12.25
Succulent chicken cooked in a creamy cajun sauce served on a bed of tagliatelle Accompanied by toasted ciabatta bread

Seafood Dishes

Seafood Platter £12.80
Lemon sole & haddock goujons, breaded whole tail scampi & prawn marie rose served with salad & tartare sauce.

Fillet of Haddock £9.25
Fresh local haddock battered or breaded served with salad garnish & coleslaw

Fillet of Lemon Sole £9.75
Fresh local lemon sole Served in breadcrumbs or batter with salad garnish & coleslaw.

Meat Dishes

<u>Duck Breast with a Plum and Hoi Sin Sauce</u> <i>Strips of tender juicy duck breast cooked in a home-made plum and hoi sin sauce, served on a bed of noodles</i>	<i>£12.80</i>
<u>Beef Stroganoff</u> <i>Strips of scotch rump steak, onions and mushrooms masked in a white wine and paprika Cream sauce, served with a timbale of rice</i>	<i>£12.80</i>
<u>Lamb Cutlets</u> <i>Succulent lamb cutlets seared on skillet, served with a creamed mash then finished with a redcurrant reduction</i>	<i>£12.80</i>
<u>Sticky Beef and Noodles</u> <i>Strips of scotch rump steak cooked in a blend of chilli and honey served on A bed of egg noodles</i>	<i>£12.25</i>

Vegetarian Dishes

<u>Blue cheese tagliatelle</u> <i>Ribbons of pasta served in a creamy stilton and mushroom sauce accompanied by a side Of toasted ciabatta</i>	<i>£11.25</i>
<u>Sweet Chilli Vegetable Stir Fry</u> <i>A medley of vegetables served in a sweet chilli sauce on a bed of noodles</i>	<i>£11.25</i>
<u>Vegetable Fajitas</u> <i>A medley of vegetables cooked in a spicy fajita seasoning bound in flour tortilla wraps Served with sour cream and salsa dips</i>	<i>£11.80</i>

Salad corner

<u>Prawn and Melon Salad</u> <i>Selection of salads</i> <i>(Chicken and ham, cheese and fruit, chicken, ham)</i>	<i>£11.25</i> <i>£11.00</i>
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Steak Dishes

<u>Sirloin Steak Combo</u>	£16.35
<i>8 oz sirloin steak served with onion rings, mushrooms, tomato, chips, garlic ciabatta and the sauce of your choice</i>	
<u>Rump Steak Garni 12oz</u>	£14.85
<i>Cooked on the griddle served with tomato, onion rings & mushrooms.</i>	
<u>Sirloin Steak Garni 8oz</u>	£15.35
<i>Cooked on the griddle served with tomato, onion rings & mushrooms.</i>	
<u>Leisure Centre Steak Surf & turf</u>	
<i>Steak of your choice cooked to your requirement topped with fresh tiger prawns cooked in a garlic Butter, And melted cheese</i>	
<u>Rump surf n turf</u>	£16.95
<u>Sirloin surf n turf</u>	£17.40
<u>Steak n' BBQ chicken</u>	
<i>Your choice of steak cooked to your requirement accompanied by onion rings, mushrooms, tomato and chicken breast smothered in Smokey BBQ sauce</i>	
<u>Rump n' BBQ chicken</u>	£18.95
<u>Sirloin n' BBQ chicken</u>	£19.45

Sauces

All our sauces are freshly made to order and are all £2.05 each

*Pepper Sauce, Diane Sauce, Bonnie Prince Charlie Sauce
MacGreggor Sauce, Blue Cheese Sauce, Jack Daniels sauce*

Side Orders

<u>Nachos</u>	£2.00
<u>Onion Rings</u>	£1.55
<u>Seasoned Wedges</u>	£2.05
<u>Garlic bread/with cheese</u>	£2.05/£2.55

HIGH TEA

*(All served with chef's choice of
Vegetables & chips or potatoes)*

*Home made Beef Steak Pie
Breaded or Battered Haddock
Chicken Fillets & Garlic Dip
Home made Lasagne
Breaded wholetail Scampi
Selection of Salads
Sweet & Sour Chicken
Chicken Curry & Rice
Gammon Steak & Pineapple
Vegetable Korma & Rice*

*Tea, Coffee and Toast
Scones, Pancakes and Fancies*

£9.75

High Teas Are Served 5 pm – 7pm

Selection of Sweets

<u>Sticky Toffee Pudding</u> <i>Homemade Date sponge smothered in a lovely butterscotch sauce served with cream or ice cream.</i>	<i>£3.85</i>
<u>Caramel apple grannie</u> <i>Pastry base filled with juicy apples in a creamy filling topped with Crumble and a caramel topping. Served with cream or ice cream</i>	<i>£4.05</i>
<u>Cheesecake of the week</u> <i>Please ask the waiting staff what the special cheesecake of the week is</i>	<i>£3.85</i>
<u>Toffee Cheesecake</u> <i>A leisure centre bestseller! Biscuit base, loaded with gooey toffee and whipped cream served with cream or ice cream.</i>	<i>£3.85</i>
<u>Mini doughnuts</u> <i>Warm miniature doughnuts served with chocolate sauce and your choice of cream or ice cream</i>	<i>£3.85</i>
<u>Strawberry Sundae</u> <i>Strawberry & vanilla ice cream topped with strawberry sauce & fresh strawberry pieces & cream.</i>	<i>£3.50</i>
<u>Chocolate chunk Sundae</u> <i>Chocolate & vanilla ice creams topped with chocolate sauce. Chocolate chunks & cream</i>	<i>£3.50</i>
<u>Fudge Sundae</u> <i>Vanilla ice cream served with lashings of butterscotch sauce and Topped with chunks of vanilla fudge and cream</i>	<i>£3.50</i>

Hot Drinks

Why not try a drink from our range of Lavazza fresh ground Italian coffee bean drinks

<i>Coffee / Espresso / Cappuccino / Mocha/ Latte / Hot Chocolate / Chocolatte</i>	<i>£1.55</i>
<i>Speciality Coffees</i>	<i>£2.60</i>