

## Starters

<u><i>Soup of the Day</i></u> <i>Home made soup made from fresh local produce, served with crusty bread.</i>	<i>£3.00</i>
<u><i>Black Pudding with Caramelised Apples and Cider</i></u> <i>Fresh local bought black pudding pan fried and stacked with apples Caramelised in cider and sugar</i>	<i>£4.05</i>
<u><i>Stuffed Cajun Breaded Mushrooms</i></u> <i>Mushrooms stuffed with cream cheese and breaded in our own homemade Cajun breadcrumbs served with a salsa dip</i>	<i>£4.60</i>
<u><i>Southern fried Jack Daniel Chicken</i></u> <i>Southern fried coated chicken on a bed of fresh crisp lettuce accompanied by a tangy Home made Jack Daniel dressing</i>	<i>£4.90</i>
<u><i>Breaded Camembert</i></u> <i>Breaded portions of camembert cheese served with crisp side salad and accompanied By a sweet cranberry dip</i>	<i>£4.60</i>
<u><i>Spicy Nachos</i></u> <i>Crisp tortilla chips topped with spicy salsa, cheese and fiery jalapenos for that extra Kick; served with sour cream</i>	<i>£4.05</i>
<u><i>Garlic Tiger Prawns</i></u> <i>Succulent tiger prawns pan fried in a garlic butter served with rocket and toasted Ciabatta bread</i>	<i>£4.65</i>
<u><i>Combo Starter for two to share</i></u> <i>Southern fried chicken, Cajun stuffed mushrooms, brie wedges and potato skins served with chef's choice of dips</i>	<i>£9.75</i>
<i>Or share between three</i>	<i>£11.80</i>
<i>Or share between four</i>	<i>£13.85</i>

### Chicken Dishes

<u>Lemon and Chilli Chicken Stir Fry</u>	£12.80
<i>Strips of chicken accompanied by chillies, onions, mushrooms and peppers served in a tangy lemon Sauce and served with noodles or rice</i>	
<u>Chicken Maryland</u>	£12.25
<i>Chicken breast coated in breadcrumbs served with banana &amp; pineapple fritters, bacon, tomato, mushrooms and onion rings.</i>	
<u>Chicken Katie</u>	£12.80
<i>Breast of chicken served in a creamy mushroom sauce topped with Melted cheese and oatmeal and served with a timbale of rice</i>	
<u>Chicken fajitas</u>	£12.25
<i>Strips of chicken, peppers, mushrooms and onions served in a spicy fajita seasoning Bound in a flour tortilla wrap and served with sour cream and salsa</i>	
<u>Creamy cajun chicken</u>	£12.25
<i>Succulent chicken cooked in a creamy cajun sauce served on a bed of tagliatelle Accompanied by toasted ciabatta bread</i>	

### Seafood Dishes

<u>Seafood Platter</u>	£12.80
<i>Lemon sole &amp; haddock goujons, breaded whole tail scampi &amp; prawn marie rose served with salad &amp; tartare sauce.</i>	
<u>Tiger Prawn Provencale</u>	£11.95
<i>Tiger prawns cooked in a tomato concasse served on a bed of pasta ribbons and accompanied by toasted Ciabatta bread</i>	
<u>Fillet of Haddock</u>	£9.25
<i>Fresh local haddock battered or breaded served with salad garnish &amp; coleslaw</i>	
<u>Fillet of Lemon Sole</u>	£9.75
<i>Fresh local lemon sole Served in breadcrumbs or batter with salad garnish &amp; coleslaw.</i>	

### Meat Dishes

<u>Five Spiced Duck Breast</u> Strips of tender juicy duck breast fried in a special recipe of Chinese Five spice, honey, spring onions and soy sauce served on a bed of egg noodles	£12.80
<u>Beef Stroganoff</u> Strips of scotch rump steak, onions and mushrooms masked in a white wine and paprika Cream sauce, served with a timbale of rice	£12.80
<u>Jack Daniel Pork steaks</u> Succulent pork steaks pan fried and served on a bed of cheesy mash topped with A homemade Jack Daniel glaze	£12.80
<u>Sticky Beef and Noodles</u> Strips of scotch rump steak cooked in a blend of chilli and honey served on A bed of egg noodles	£12.25

### Vegetarian Dishes

<u>Spaghetti Neapolitana</u> Spaghetti accompanied by onions, mushrooms and peppers served in a creamy tomato And white wine sauce	£11.80
<u>Sweet Chilli Vegetable Stir Fry</u> A medley of vegetables served in a sweet chilli sauce on a bed of noodles	£11.25
<u>Mushroom Stroganoff</u> Mushrooms served in a creamy paprika and white wine sauce served with rice	£10.75
<u>Vegetable Fajitas</u> A medley of vegetables cooked in a spicy fajita seasoning bound in flour tortilla wraps Served with sour cream and salsa dips	£11.80

### Salad corner

<u>Prawn and Melon Salad</u>	£11.25
<u>Selection of salads</u> (Chicken and ham, cheese and fruit, chicken, ham)	£11.00

## Steak Dishes

<u>Sirloin Steak Combo</u>	£16.35
<i>8 oz sirloin steak served with onion rings, mushrooms, tomato, chips, garlic ciabatta and the sauce of your choice</i>	
<u>Rump Steak Garni 12oz</u>	£14.85
<i>Cooked on the griddle served with tomato, onion rings &amp; mushrooms.</i>	
<u>Sirloin Steak Garni 8oz</u>	£15.35
<i>Cooked on the griddle served with tomato, onion rings &amp; mushrooms.</i>	
<u>Rump Steak Surf &amp; turf</u>	£16.95
<i>Steak Garni served with a half portion of scampi and salad on the side.</i>	
<u>Sirloin Steak Surf &amp; Turf</u>	£17.40
<i>Steak Garni served with a half portion of scampi and salad on the side.</i>	
<u>Steak n' BBQ chicken</u>	
<i>Your choice of steak cooked to your requirement accompanied by onion rings, mushrooms, tomato and chicken breast smothered in Smokey BBQ sauce</i>	
<u>Rump n' BBQ chicken</u>	£18.95
<u>Sirloin n' BBQ chicken</u>	£19.45

## Sauces

*All our sauces are freshly made to order and are all £2.05 each*

*Pepper Sauce, Diane Sauce, Bonnie Prince Charlie Sauce  
MacGreggor Sauce, Blue Cheese Sauce, Jack Daniels sauce*

## Side Orders

<u>Loaded Nachos</u>	£2.00
<u>Onion Rings</u>	£1.55
<u>Seasoned Wedges</u>	£2.05
<u>Garlic bread/with cheese</u>	£2.05/£2.55

*HIGH TEA*

*(All served with chef's choice of  
Vegetables & chips or potatoes)*

*Home made Beef Steak Pie  
Breaded or Battered Haddock  
Chicken Fillets & Garlic Dip  
Home made Lasagne  
Breaded wholetail Scampi  
Selection of Salads  
Sweet & Sour Chicken  
Chicken Curry & Rice  
Gammon Steak & Pineapple  
Vegetable Korma & Rice*

*Tea, Coffee and Toast  
Scones, Pancakes and Fancies*

*£9.75*

*High Teas Are Served 5 pm – 7pm*

### Selection of Sweets

<u>Sticky Toffee Pudding</u> <i>Homemade Date sponge smothered in a lovely butterscotch sauce served with cream or ice cream.</i>	<i>£3.85</i>
<u>Caramel apple grannie</u> <i>Pastry base filled with juicy apples in a creamy filling topped with Crumble and a caramel topping. Served with cream or ice cream</i>	<i>£4.05</i>
<u>Lemon and clotted cream dessert</u> <i>A refreshing frozen dessert combining of a sponge base topped with clotted cream and lemon Mousses and sprinkled with biscuit crumbs</i>	<i>£3.60</i>
<u>Toffee Cheesecake</u> <i>A leisure centre bestseller! Biscuit base, loaded with gooey toffee and whipped cream served with cream or ice cream.</i>	<i>£3.85</i>
<u>Mini doughnuts</u> <i>Warm miniature doughnuts served with chocolate sauce and your choice of cream or ice cream</i>	<i>£3.85</i>
<u>Strawberry Sundae</u> <i>Strawberry &amp; vanilla ice cream topped with strawberry sauce &amp; fresh strawberry pieces &amp; cream.</i>	<i>£3.50</i>
<u>Chocolate chunk Sundae</u> <i>Chocolate &amp; vanilla ice creams topped with chocolate sauce. Chocolate chunks &amp; cream</i>	<i>£3.50</i>
<u>Fudge Sundae</u> <i>Vanilla ice cream served with lashings of butterscotch sauce and Topped with chunks of vanilla fudge and cream</i>	<i>£3.50</i>

### Hot Drinks

*Why not try a drink from our range of Lavazza fresh ground Italian coffee bean drinks*

<i>Coffee / Espresso / Cappuccino / Mocha/ Latte / Hot Chocolate / Chocolatte</i>	<i>£1.55</i>
<i>Speciality Coffees</i>	<i>£2.60</i>